

## **Prayer Blanket/ Prayer Shawl Ministry**

**What is a Prayer Blanket or Prayer Shawl?** *These are small lap blankets that are sewn, knitted, or crocheted by group members and prayed over by the maker during construction. Once completed, they are then blessed by the priest or a deacon before being given away.*

**These prayer blankets/shawls are meant to bring** *comfort, a sense of peace, and love to the recipient, and to let them know we are praying for them.*

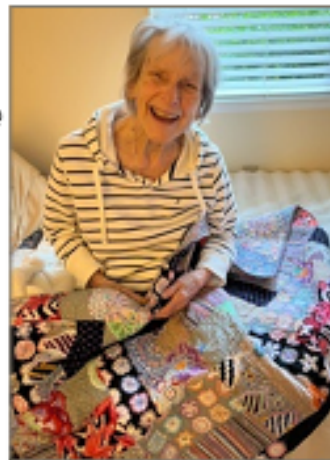
**Who is eligible to receive a blanket or shawl?** *Adults or children with physical or emotional illness, living with a chronic condition or in treatment for a life-threatening illness, those experiencing a crisis such as the loss of a loved one, loss of job, or relationship crisis.*

### **Where does this Ministry Meet?**

*Beginning Friday, March 7th, we will meet in the small side hall; on the 1st & 3rd Fridays each month, 9:30a to 3p. You are welcome to join us!*

**Donations** *of sewing materials, batting or notions is deeply appreciated.*

**Questions?** *Contact Donna Helgeson 530.282.2132 or email [dhelq66@gmail.com](mailto:dhelq66@gmail.com)*



*E.M. Donna Helgeson took Holy Communion to Marian in Paradise who also received a quilt from the Shawl Ministry as a sign of love and connection to our Church family.*