Abortion Recovery Group Begins Wed. Sept. 10th

One in four people in the church have experienced abortion directly – both men & women. If this is you, or someone you love, Care Net invites you to a <u>free & confidential</u> recovery group that starts Sept. 10th and lasts eight weeks. Choose from two times:

~Wednesdays: 3P to 430P or 530P to 7P~

You may benefit from this group if you are experiencing: grief or regret regarding your abortion, emotional pain, avoid things that trigger memories of your abortion or have nightmares. This decision does not need to be a secret anymore; healing is available for you through Jesus.

Questions? or to sign up for the group, please text Elizabeth Trinca at 530-591-9973 or call Care Net at 530-876-1113. Note: men & women will meet in separate groups.